

MONTHLY UG TEACHING SCHEDULE**NAME OF THE DEPARTMENT : PSYCHIATRY****MONTH : July' 2026**

S.No	NAME OF FACULTY	DESIGNATION	BATCH	DATE	DAY	TIMING	PRACTICAL TOPIC	DEMONSTRATION TOPIC	LECTURE TOPIC
1	Dr. Ambar Tiwari	Associate Professor	2022	04.07.2026	Saturday	8 to 9 am	-	-	PS.2.1 Define stress and describe its components and causes
2	Dr. Raman Baliyan	Assistant Professor	2022	11.07.2026	Saturday	8 to 9 am	-	-	PS2.2 Describe the role of time management, study skills, balanced diet and sleep wake cycle habits in stress avoidance
3	Dr. Pooja Jasrotia	Assistant Professor	2022	25.07.2026	Saturday	8 to 9 am	-	-	PS2.3 Define and describe the principles and components of learning memory and emotions